



SAKEENAH  
CANADA

Ramadan

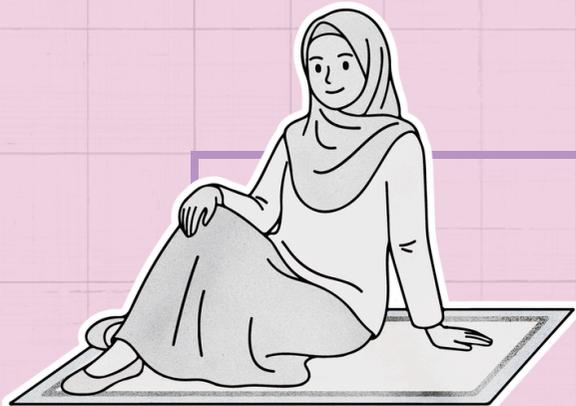
BANGGO



Cards

# Spiritual & Reflective

## BANGO Card



Sat with  
discomfort

Surrendered a



fear in du'a



Practiced  
intentional  
silence



Made specific  
istighfar

FREE -  
Allah knows  
my struggle



Prayed with  
full presence

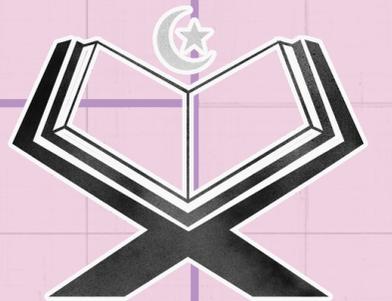
Reframed  
hardship with  
tawakkul



Reflected on  
Akhirah



Chose  
faith over  
impulse



# Growth & Community

## BINGO Card



Repaired a relationship

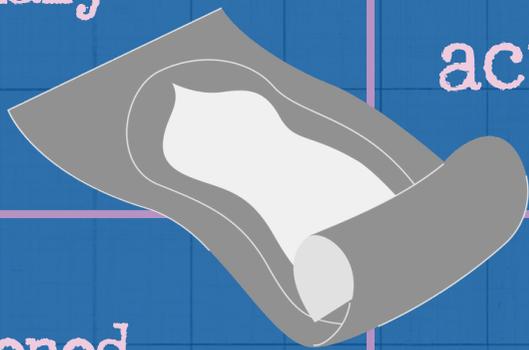
Gave uncomfortable charity



Served unseen

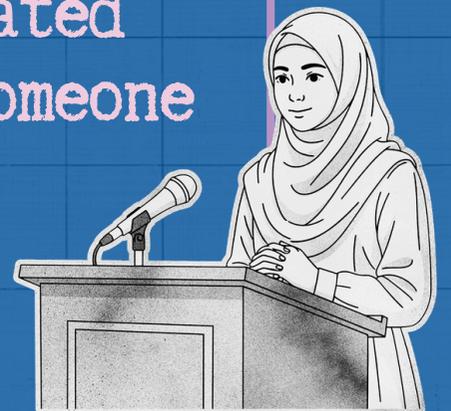


Set a faith-protecting boundary



FREE - Faith in action

Advocated for someone



Listened without fixing



Chose humility



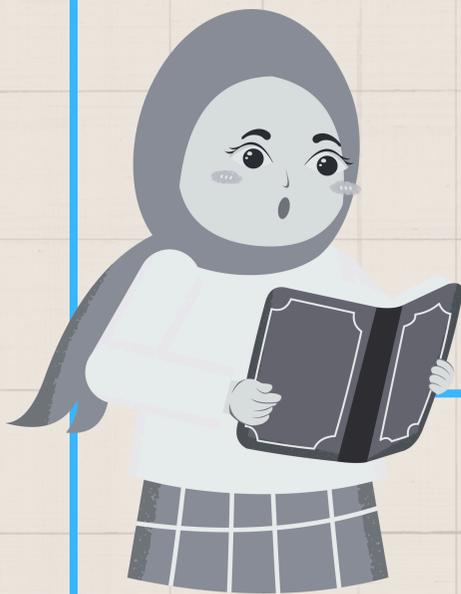
Showed up despite fatigue



# Quran

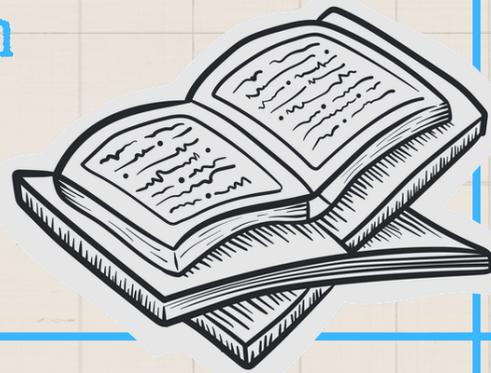
## BAN GO Card

Studied tafsir



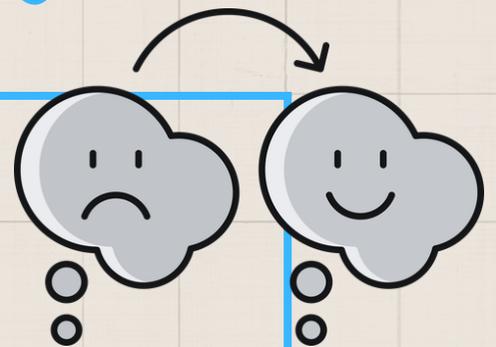
Read without distraction

Sat with a challenging ayah



FREE -  
Qur'an spoke to me

Changed a behavior



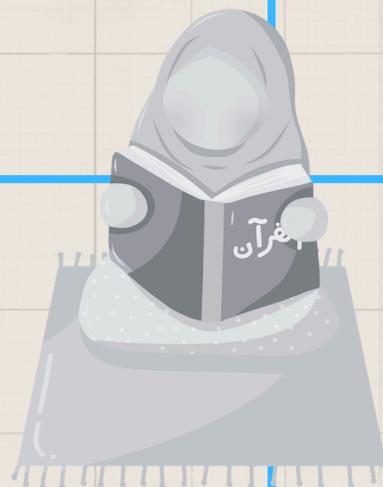
Memorized with meaning



Journalled reflection



Read during a low moment



Made du'a from an ayah

# HOW TO PLAY RAMADAN

# BINGO

Cards

1. Choose one (or more) bingo cards
2. Complete actions with intention throughout Ramadan – no rushing!
3. Colour in a square only after sincere effort
4. One row (horizontal, vertical, or diagonal) = Bingo
5. There's no prize – the goal is presence, growth, and intention
6. Reflect often. Allah sees every effort 
7. Tag us as you progress in your bingo card, we'd love to see your

Ramadan become colourful